What is claimed is:

1. A compound represented by the following general formula (I) or a salt thereof:

$$R^{1}O$$
 OR^{3}
 $H_{3}C$
 N
 OR^{3}

wherein R¹ represents a glycosyl group, a phosphate group, or a cyclic phosphate group bound to R²; R² represents -CH₂OH, -CHO, -CH₂NH₂, -CH₂-amino acid residue, or -CH₂-OPO₂H; and R³ represents hydrogen atom, or -PO₃H₂.

- 2. The compound or a salt thereof according to claim 1, which is selected from the group consisting of pyridoxine 3· β ·glucoside, pyridoxine 3· α ·glucoside, pyridoxamine 3· β ·glucoside, pyridoxamine 3· β ·glucoside, pyridoxal 3· β ·glucoside, pyridoxal 3· α ·glucoside, pyridoxine 3· β ·glucoside, pyridoxine 3· α ·galactoside, N·(4· pyridoxylmethylene)·L·serine 3· β ·glucoside, N·(4·pyridoxylmethylene)·L·serine 3· α ·glucoside, pyridoxine 3·phosphate, pyridoxine 3,4'-cyclic phosphate, and N·(4· pyridoxylmethylene)·L·serine 3-phosphate, or a salt thereof.
 - 3. A compound represented by the following general formula (IV) or a salt thereof-

$$R^6O$$
 R^4
 OR^5
 H_3C
 N

wherein R⁴ represents -CH₂OH, -CHO, or -CH₂NH₂, or represents -CH₂OH, -CHO, or -CH₂NH₂ protected with a protective group; R⁵ represents hydrogen atom, a protective group of hydroxyl group, a phosphate group, or a protected phosphate group; and R⁶ represents a glycosyl group which may have a protective group, or a phosphate group which may have a protective group.

4. A method for preparing a compound represented by the general formula (I) or a salt thereof according to claim 1, which comprises the step of reacting a compound

represented by the following general formula (II) or a salt thereof:

$$R^4$$
 OR^5
 H_3C
 N
 OR^5

wherein R⁴ represents CH₂OH, CHO, or CH₂NH₂, or represents CH₂OH, CHO, or CH₂NH₂ protected with a protective group; and R⁵ represents hydrogen atom, a protective group of hydroxyl group, a phosphate group, or a protected phosphate group, with a compound represented by the following general formula (III):

R6-X (III)

wherein R⁶ represents a glycosyl group which may have a protective group, and X represents a leaving group, to obtain a compound represented by the general formula (IV) according to claim 3, and if necessary, the step of deprotecting the compound represented by the aforementioned general formula (IV).

5. A composition for a cosmetic, a medicament, a foodstuff, and/or a feed comprising a compound represented by the following general formula (V) or a salt thereof-

wherein R⁷ represents a glycosyl group, a phosphate group, a sulfate group, or a cyclic phosphate group bound to R⁸; R⁸ represents -CH₂OH, -CHO, -CH₂NH₂, -CH₂-amino acid residue, or -CH₂-OPO₂H; and R⁹ represents hydrogen atom, or -PO₃H₂.

- 6. A method for stabilizing a vitamin contained in a composition for a cosmetic, a medicament, a foodstuff, and/or a feed by adding a compound represented by the general formula (V) or a salt thereof mentioned in claim 5 to the composition.
- 7. A composition for a cosmetic, a medicament, foodstuff, and/or a feed containing a compound represented by the general formula (V) or a salt thereof mentioned in claim 5 and at least one kind of vitamin, wherein stability of the vitamin is improved.

- 8. The composition for cosmetics according to claim 5, which is a whitening agent, an anti-aging agent, and/or an agent for suppressing wrinkle formation by exposure to ultraviolet light.
- 9. A composition comprising (A) a compound represented by the general formula (V) according to claim 5, and (B) one or more kinds of substances selected from the group consisting of a whitening agent, an antioxidant, an antiphlogistic, a circulation accelerator, a cell activation agent, and an ultraviolet absorber, which is used as a whitening agent, an anti-aging agent, and/or an agent for suppressing wrinkle formation by exposure to ultraviolet light.
- 10. A whitening agent containing (A) a compound represented by the general formula (V) mentioned in claim 5, and (B) arbutin.